

Welburn Hall School 6th Form

Course for 16–19 year olds



Welcome to Welburn Hall School Residential 6th form

Our 6th form offers a waking hours curriculum.

It is developed to give young people with learning difficulties and disabilities a college -style experience.

It is designed to help students:

- develop their confidence and resilience
- make informed choices
- practice independent living skills

to ensure that they will get the most from their life after school.

Take a look at our range of exciting courses in this guide to see what it is like being a student at Welburn Hall 6th Form.

We can help design a course that works for you.

Essential Curriculum Wear.

Students should bring appropriate equipment required for learning at each session.

Sports Kit:

Long length T-shirt, Track-suit Bottoms*, Sweat Shirt, Socks, Training Shoes.

Swimsuit, towel and swim bag.

***These must be separate to the tracksuit bottoms they may be wearing during a classroom day.**

Vocational Wear/ Work Experience:

A pair of overalls (these can be separates)

A pair of safety (steel toe caps) boots.

Jewellery:

Should be kept to a minimum, no dangly earrings.

**Please ensure that everything
is named!**

Residential.

Suitcase with wheels.

Underwear:

Enough pants, socks, bras etc. to last the week (minimum 5 sets plus spares).

Pyjamas/ night dress x 2 sets minimum.

Dressing gown and slippers (essential for night time evacuation)

Toiletry Bag:

Toothpaste, toothbrush, shampoo, shower gel, deodorant, hair brush or comb - electric shaver if required. Ladies toiletries when required in a small bag so that they can be carried around.

MINIMUM OF 2 BATH TOWELS.

Laundry bag for dirty laundry.

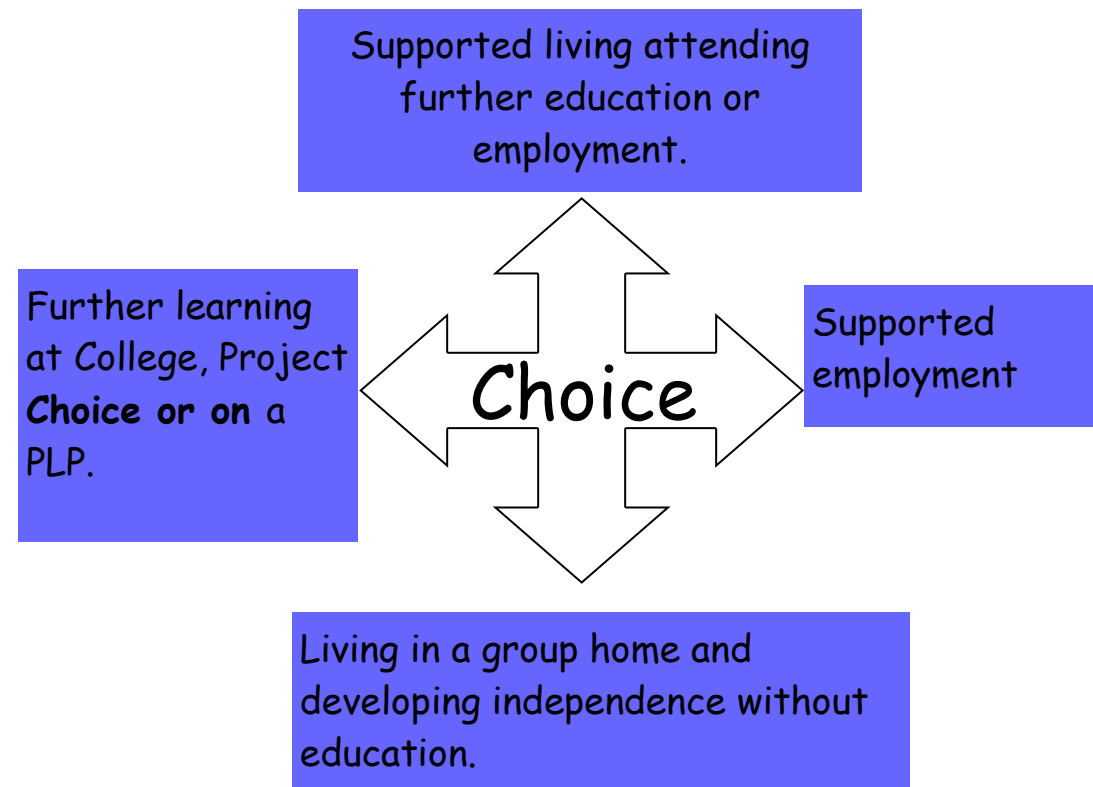
Mobile phones:

Simple mobile phones, no camera or 3/4G contracts.

THE PATHWAYS

At the college, we support students to follow a chosen pathway to help them reach their destination. Our pathways are further education, independent living or increased autonomy.

We provide you with careers advice and guidance to ensure that you are on a realistic pathway that is achievable.



STUDENT LIFE in 6th Form

Students enjoy the "feel" and pace of college life, but within the safety of a school campus.

College style environment

Students call staff by their first names and do not wear a school uniform. We have a common room with TV and there is more freedom allowed at break-times.

Learning experience

Our waking hours curriculum offers students a range of courses including Catering, Animal Care, Horticulture, Hair and Beauty, Construction, Sport and Leisure, English, Maths, ICT, Travel Training and Personal, Social and Citizenship Development.

A full time place at the college is 5 days a week and 4 nights boarding provision.

Into employment.

Our work-experience opportunities provide invaluable experience of the world of work and give opportunities for trying out different employment experiences.



Girls

Tops:

Blouses, t-shirts, sweat shirts, hoodies.

Neckline must be in line with, or done up to, the top of the armpits or higher.

Sleeveless and short sleeved styles are acceptable

Skirts:

Just above the knee, or longer - skirt should touch calf at the back with leg bent at 90 degree angle.

Dresses:

Dresses are acceptable provided they comply with all the top and skirt rules.

Trousers:

Jeans, tracksuit bottoms and knee length shorts in summer, Leggings are acceptable (providing you are wearing long line top, skirt or dress as above)

Shoes:

Smart shoes, plain or imitation leather, or plain boots. Should have a heel of no more than 6cm. Smart trainers.

College Kit List

Essentials:

Wallet/ purse.

Sun hat and sun screen minimum factor 30

Coat (waterproof)

Trousers (waterproof)

Messenger bag or equivalent for going around classrooms.

Ruck Sack for sporting activities.

Spare clothes for the day if you need them.

Students should be appropriately dressed for the context of the learning environment.

5 full sets of clothing.

Boys.

Tops:

Smart shirts or t-shirts.

Smart sweat shirts, jumpers or hoodies.

Trousers:

Jeans, tracksuit bottoms and knee length shorts in summer.

Shoes

Smart Shoes - plain leather or imitation leather, smart trainers.

Independent living skills

Independence training happens within the residential provision.

Promotes the opportunity to work toward living independently in a supported environment.

You will learn to:

- cook
- look after yourself and your home
- invite friends around for social time.



VOCATIONAL LEARNING

Accreditation can be achieved in 5 vocational areas; Horticulture at Helmsley Walled Gardens, Catering at WHS in the Soupalicious Cafe, Animal Care at Askham Bryan York and new this year are Construction and Hair and Beauty both run at York College These are options and are accredited from Entry Level 1 to Level 1.

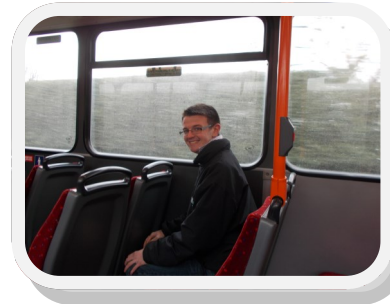


Independent Living Skills.

A big part of college life is learning and building on skills needed to help our students be as independent as possible in the future.

In the residential setting, students learn to take care of the bedding and clothes, keep things tidy and learn to do household chores like using the hoover and dusting. They learn to be responsible for themselves and to plan for life socially.

A big part of both the residential setting and being in college is learning about money. How we get it and how we spend it. To do this we ask that students bring a minimum of £10 a week into college.



Students use this money to plan and budget their spends for the week and open up a savings account.

We encourage students to save their money for residential courses and any visits that they may be going on.

Qualification Route

Current Situation	Course level to consider	What's next
In need of additional help and support with learning P levels 1—8	Diploma in Personal Progress. Entry 1	Progression onto supported/ independent living and Personal Pathways.
Starting to learn more independently with some support. Achieved Entry 1	Functional skills Entry 2 Vocational programme. Entry 1/2	Progression onto supported / independent living, Personal Pathways or Vocational studies Entry 3.
Learning independently with support. Achieved Entry 2	Functional skills Entry 3 Vocational programme Entry 3 Employability Entry 3	Progression onto independent living, supported employment, employment or further education.

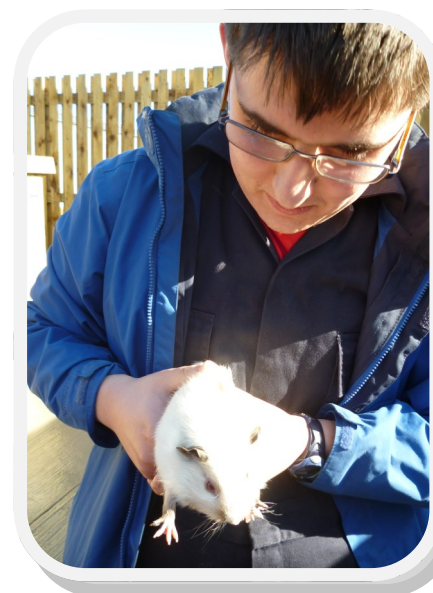
Animal Care:

AQA units supported and carried out at Askham Bryan College.



Students are given a range of opportunities working with small animals in all areas of their care, health and well being.

This a very practical course that all the students enjoy. It is also a good opportunity for our students to experience life beyond Welburn and see how a bigger college works, which is useful for transition.



Horticulture

We work in partnership with Helmsley Walled Gardens, have a poly tunnel, a large area of raised beds, a market garden stall and a forest schools area.

Our students learn skills in the maintenance and use of garden tools, health and safety awareness, planting in containers, learning soil types, garden habitats and organic and environmental issues.

We grow food to sell to the public as a small enterprise project and to cook in our own kitchens.

Helmsley Walled Gardens recognizes potential in students and is able to offer further training and work experience opportunities for our students.



Work Experience

Work Experience plays a large part of college life and we have a 3 stage program of study.

1st years spend the year working on their work related learning skills, doing in house training through jobs like recycling, running the school library, cleaning mini-buses and running the school allotment and enterprise. They also spend 6 weeks in supported work experience at Basics Plus in Scarborough.

2nd years move their skills on and take part in work experience at Scarborough Hospital run by Project Choice. They attend these placements for 6 weeks. Students also get the opportunity to try jobs they are

interested in as they prepare for their final placement.

3rd years spend the whole year in one placement, developing commitment and skills to sustain employment. These places are chosen by the students and they have to undergo a mini interview process to get them.



Travel Training.

Particularly for work experience and employment, the biggest barrier facing many of our students is travel. Our travel training at WHC aims to get you to work, college or to meet friends. The training ranges from crossing minor roads and walking safely on the pavement to using buses to reach a destination.

Five stage Curriculum Model.

All students at WHC will be able to access stages 1 and 2 of the curriculum and will be encouraged to progress through the stages of the model when appropriate to do so.

Stages of the travel training curriculum

Stage 1: basic road safety.

Stage 2 using buses with a tutor.

Stage 3 semi-independent travel on a bus.

Stage 4: independent travel on a bus.

Stage 5: independent travel on multiple routes.

Catering and Hospitality

Catering and hospitality is run from Welburn Hall where students cook and run their own café, breakfast and lunch time club. There are opportunities to work within the community through pop up cafes and work experience.

Our students learn basic skills for food preparation and in the 3rd year, survival cooking skills as they move toward more independent lives.



Students will achieve accreditation in Cooking for catering and their level 1 food hygiene certificates.

These skills are practiced on a regular basis within the residential setting where they team them up with money management and living on a budget.

