



# Welburn Hall Weekly

Friday 27 September 2019

Welburn Hall School

Headteacher's message

Autumn 2019

Welcome to the new school year! I hope your summer was filled with family and fun.

Many of us have returned to Welburn Hall after the holiday ready for an exciting and challenging new academic year. We also welcomed all our new students across the age range, from the youngest in primary, right up to our new College intake. These students are already mixing very well and enjoying our outstanding environment. We said a sad goodbye to our Year 11 and Year 14 leavers and have heard they are progressing well in their new settings, we hope they will come back and visit! Our students did incredibly well taking and passing their exams in the summer term and we are very proud of their successes. We have rated this success as 'Outstanding' at Year 14 and 'Good' at Year 11, in Ofsted terms.

If you have been into school, you will have seen the amazing work undertaken by our Site Manager Darren Kendell and the contractors to improve various facilities in school. The children are really enjoying using the 'pod' and I have suggested maybe the adults need one too!

We are working on a new school prospectus; every parent will have a copy and it will outline all the services and facilities on offer. We are also upgrading the school's website this term, we will let you know when that is launched.

Some staff have left Welburn Hall over the summer and we have some new teachers and support staff who have really 'hit the ground running' and are settling in very well to life here. At parents' night and coffee mornings, there will be ample opportunity to meet your child's teacher but do call in and make a separate appointment at any time, if you would like to. Cath McGill is the Family Support Manager and can be contacted through the office.

Our focus for the coming year is 'Communication' and of course as always, to improve on our Ofsted ratings. We are awaiting inspections in both the Care and Education setting. Some of our students in College will be attempting Level 1 qualifications which is a huge achievement.

We have applied for National Autistic Society accreditation and we will be continuing to focus on mental health, staff and student wellbeing. We have signed up for the NYCC Wellbeing Award, in order to ensure that we are an excellent employer. We believe that the students' wellbeing starts with the adults' wellbeing! We continue our mindful compassion approach to wellbeing of staff, students and we extend this approach to parents too.

Should any parent wish to volunteer in school, or have any concerns about their child's education here, please contact me through the school office.

Thank you for your continued support - I hope to see you soon.

Mrs Best

Medication - Please can you ensure if your child is bringing medication into school please do not put this in their school bags. It must be handed to the taxi escort whom then gives this directly to a member of staff.

Please can all parents/carers ensure that student's uniform and personal belongings are clearly labelled to help students and staff identify and locate items if mislaid or lost? – Thank you

**NORTH YORKSHIRE (COMPASS BUZZ)**



**Contact**

**Tel: 0800 008 7452**  
 Email: [SchoolMentalHealthProject@NCC.gov.uk](mailto:SchoolMentalHealthProject@NCC.gov.uk)  
 UK.ORG

Coordination Hub, County Hall, 1 F  
 Lane, Northallerton, DL7 8AD

North Yorkshire County Council (...  
[View larger map](#)  
 Magistrates' Court

We are pleased that you have found us because here at Compass BUZZ we're passionate about mental health and want to share our service with you. Compass BUZZ is an exciting, new, innovative and free project that aims to improve the mental health and wellbeing of children and young people aged 5-18 (25 with SEND) in schools across North Yorkshire.

Week 2 - 30 September 2019	Option 1	Option 2	Pudding
<b>Monday</b>	Mince & Dumplings with Mash & Veg	Vegetable Curry & rice	Chocolate Summer Berry Sponge & Custard
<b>Tuesday</b>	Chicken Chow Mein with Veg	Summer Vegetable Frittata with Beetroot Salad	Strawberry Shortcake
<b>Wednesday</b>	Roast Chicken with Roast Pots, Stuffing & Veg	Arrabiata Pasta & Veg	Carrot Cake
<b>Thursday</b>	Spaghetti Bolognese, Sunflower bread, Mixed veg	Courgette & Tomato Pasta with Sunflower Seed Bread	Fruit Fool
<b>Friday</b>	Fishcake, Chips & Garden Peas	Potato, Leek & Spinach Bake with Peas	Orange Brownie & Ice cream

## **1. Independent Travel Training Parent Workshops**

A two hour long workshop that gives parents or carers information, guidance, support and tips on how to help their child become independent.

This course will look at:

How can Travel Training help your child? How to start Travel Training? How to plan a journey? Personal safety and 'what if's', Travel Training FAQ's and NYCC Safe Places scheme.

To register your interest in attending a parent workshop please email:

[SENDtransport@northyorks.gov.uk](mailto:SENDtransport@northyorks.gov.uk)

## **2. Independent Travel Training Core Skills Student Workshop**

A two hour workshop which is held during school holidays.

This is aimed at those young people who may have additional needs and need some very basic Travel Training support.

This will include basic road safety and how to stay safe when out and about.

This course will be for children and young people aged from year 6 onwards.

There will be a maximum of 5 children or young people per workshop date.

Parents or carers must accompany their child to this workshop.

This workshop will be supported with Makaton resources.

To register your interest in your child attending a core skills student workshop please email:

[SENDtransport@northyorks.gov.uk](mailto:SENDtransport@northyorks.gov.uk)



North Yorkshire  
County Council

SEND Transport

Duration: 2 hours

# Independent Travel Training Parent Workshop

Do you need advice, guidance and support in how to help your child become independent?

## How can Travel Training help your child?



Travel Training provides a reduction in care responsibility and greater opportunities for employment, education and leisure activities.



Reassurance that your child has learnt skills for life including road safety and personal safety.



Bus stop

It provides independence to go about your life, knowing your child or young person is getting on with theirs.



Seeing future opportunities for your child or young person to make choices, take control and feel included.



'Travel Training has given my son his independence'



**Workshop includes:**  
**Travel Training tips and what to look for**  
**How to get started**  
**How to plan a journey**  
**Personal safety and What 'ifs'**  
**NYCC Safe Places Scheme**  
**Travel Training FAQ's**

To register your interest in attending a workshop please email:  
[SENDtransport@northyorks.gov.uk](mailto:SENDtransport@northyorks.gov.uk)  
Once we have received your register of interest you will be notified when a workshop is planned in your area.

# Independent Travel Training Core Skills Student Workshop

**Does your child need support in learning basic  
Independent Travel Training skills?**

## How can Travel Training help me?



**Travel Training can build your confidence and self esteem**

**It can give you life choices and allow you to make decisions about your own future**

**It can open up your social and friendship circle**

**You can develop valuable life skills**

**You can have greater access to education, work experience and employment**

**Travel Training increases your independence**

**'I can now go to the shop without waiting for my mum and dad to take me'**



**'Travel Training has made my life better'**



**Bus stop**

**This workshop will build basic core skills including:**

**Basic Road Safety and The Green Cross Code**  
**How to find a safe place to cross the road**  
**Using different road crossings**  
**Personal Safety and how to ask for help**  
**Travel Training basic tips and support**

**This course will be supported with Makaton resources**

To register your interest in your child attending a workshop please email:  
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Once we have received your register of interest you will be notified when a workshop is planned in your area.

# Attention all Knitters and Crocheters

We are requesting your support with producing  
'twiddle muffs'



'Twiddle muffs' are a knitted or crocheted band with items attached. Pupils with a variety of needs can use them and 'twiddle' them in their hands. They help provide stimulation and sensory input. The soft knitted muffs contain strands of textured ribbons, beads and various fabrics attached both inside and outside.

We'd be delighted if any willing knitters or crocheters could help us to create twiddle muffs.

## Crochet Method

### What you will need:

- Any left over and odd balls of yarn
- Hook: Use whatever you would use to get a nice firm square

### Instructions Muff Body

1. Row 1 With 2 strands of double knitting wool, (or you can also use 1 strand of chunky wool) chain 45
2. Slip stitch into first chain to make a ring
3. 1 dc into each chain to end of round  
(you may want to use a stitch marker) 45 stitches
4. 1 dc into each stitch to end (remember to move your marker) 45 stitches
5. Repeat last round for 60 cm
6. Last round continue to last stitch and  
1 dc into stitch and slip stitch into next stitch
7. Change texture by changing various yarns through- out first 30 cm. (Last 30 cm should be simple DK or chunky as this will form the inside)
8. Joins side seams and push first half inside second half to form a double tube.

Sew the two ends together to form a double skin muff.

Please go to '[Decoration and finishing](#)'

## Knitting Method

### What you will need:

- Any left over and odd balls of yarn
- Needles: 8mm circular (other shape and size needles can be used if preferred)

### Instructions Cuff

Cast on 40 stitches using 2 strands of double knitting wool, (or you can also use 1 strand of chunky wool). Work in rib stitch (knit a line pearl a line) for 11 inches.

### Muff Body

1. Continuing with stocking stitch and using up oddments of various textures of wool eg: chunky, mohair, ribbon until work measures 23 inches
2. Cast off
3. Neatly join side together with pearl side facing you
4. Turn inside out
5. Push the cuff up inside the muff body
6. Neatly sew together the two ends

### Decoration and finishing

Now is the time to decorate the muff body (inside and out) with beads, flowers, zips, loops, buttons, small cloths of different textures attached.

Please ensure everything is sewn on firmly and securely

Attach embellishments on both the inside and outside of the activity mitt.

Try adding pouches containing hankies, securely attached beads or crinkly wrappers for different textures, sounds and a more interactive mitt.

For a more masculine designed mitt, try attaching embellishments such as keys, zips or buttons and using different colours