



Welburn Hall Weekly

Friday 14 February 2025

Hello and welcome to our weekly Newsletter.....



School dinner arrears

We are £95 in arrears for school meals.
 Can parents please clear any dept.
 School lunches must be paid in advance. Automatic top-up, for as little as £5, can be set up on Parent Pay.

Thank you for your understanding

Spring Term Food Tech Contributions

Payments can now be made towards Spring Term Food Tech.





So, if you are able to contribute, please do so via [ParentPay](#). Thank you



Parent Pay activation letters have now been sent home in book bags.

If you haven't already done so, can we please request that you log in and activate your account. Even if your child has free school meals we still need parents to have their own Parent Pay account.

Your help is greatly appreciated. Thank you.

Lunch Wk 1	Main option 1	Vegetarian option 2	Options 3 or 4	Pudding
Mon	Sticky pork noodles 	Italian pasta bake VG 	Tuna sandwich Or Jacket potato & beans VG	Chocolate Sponge & Custard V 
Tues	Minced beef loaded wedges 	Veg sausage with wedges VG 	Onion bhaji burger VG Or Cheese sandwich v	Jam doughnut muffin V 
Weds	Sausages, gravy & mashed potatoes 	Tomato & herb pasta pot VG 	Ham sandwich Or Jacket potato & beans VG	Flapjack VG 
Thurs	Chicken Korma 	Cheese & tomato pasta V 	Mexican beef taco Or Cheese jacket potato v	Sponge & custard V 
Fri	Fish fingers 	Cheese whirl V 	Chicken parmesan Or Cheese sandwich v	Jam shortcake VG 

We are a nut aware school

V – Vegetarian VG – Vegan. Jan 2025



RESPECT



PERSEVERANCE



EXCELLENCE



Heads-up!

Dear Parents and Carers,

As we look forward to the half term holiday, can I politely remind everyone that I cannot authorise term time holidays from school unless they fit the 'exceptional' criteria. I am conscious that we are receiving a higher number of requests this year. The government guidance changed in September 2024 and is not something I could ignore.

Packed lunches: we have finalised a new policy and working after half term with the Catering Team on school dinners. Can I remind parents of the need to provide fresh, healthy and wholesome food in the lunch boxes? I will be sending out more information from Healthy Schools during March.

Hopefully everyone will have a lovely week off and we will see our learners back to school on Monday 24th February, all feeling happy and rested!

Marianne



Bubble fun!

Demi's class had a lovely sensory session with foam, bubbles and lavender.



Year 9 Vaccinations

Year 9 parents/carers have all been emailed with the link to consent for the Diphtheria/Tetanus/Polio and Meningitis ACWY Vaccination, taking place in school on **Tuesday 25 March**.

All children need five doses of diphtheria, tetanus and polio vaccines to build up and maintain immunity. The fifth dose is offered in Year 9.

Meningitis ACWY is not routinely given until Year 9. Most children will have received an earlier dose of Meningitis C (not ACWY). This vaccination provides additional protection against the strains A, W & Y that are most commonly seen in this age group.

Please complete the consent form even if you decide **not to vaccinate** your child. The consent form is not mandatory, but it means that the team will not keep contacting you about it. If you can't locate the consent email – contact Admin@welburn-hall.n-yorks.sch.uk and we will resend. Thank you.



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Last week Mr Western's class had a go at blind football.

The ball has beads in it so that it makes a noise when it rolls. The class used blindfolds to immerse themselves and try to understand how it might feel for blind players.

All learners got stuck in and enjoyed the PE session.



Joanna's class are enjoying Monday morning visits to the Gavel & Bean, practicing their communication skills, requesting what they would like to eat and drink.

Other café customers commented on how lovely it was to see a group of young people gathered around a table getting on with each other. They said our learners were a credit to the school!

The class loves going out into the community, making connections and practising their social skills; it's even better when they get positive recognition from others.



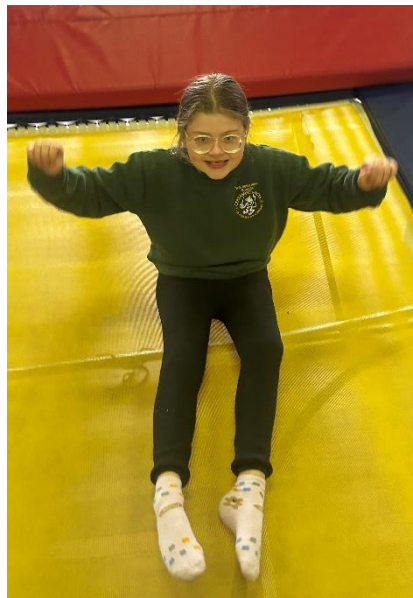
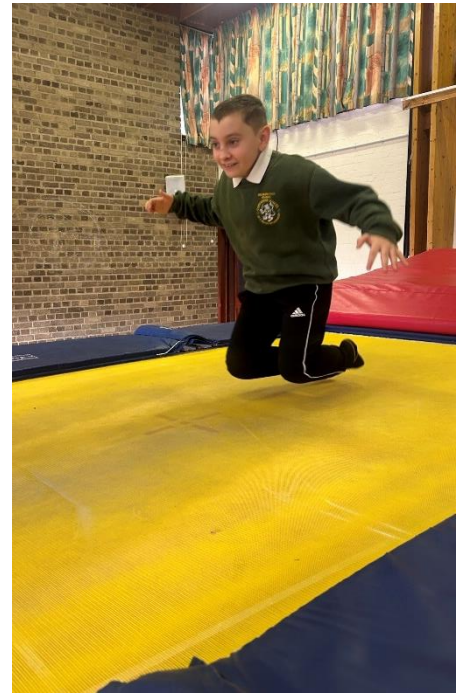
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Mr Kaufman's class are doing brilliantly at Rebound Therapy and continue to work through their grades; with learners moving up to grades 2 and 3.

Most learners work together in pairs, so it's great for helping team work and communication, as well as all the other rebound benefits.

At the end of the session learners have a chance at some freestyle trampolining, so again they talk about what sort of games they want to play and how to keep things safe.



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Demi's Pre-Formal class at the school Farm, to build confidence with the bigger animals.

MOORSIDE BAR & CLUB

QUIZ!

Don't miss our fun Quiz Night at the Moorside Bar and Club in Kirkbymoorside, presented by the one and only Adam Collier in aid of Welburn Hall school farm! Come on and show your knowledge in a fun-filled quiz, with an additional child-friendly quiz. Enjoy a drink from the bar, food from Fatboyz Catering and win prizes from our huge raffle! £5 per person, groups of maximum 6 people.

Saturday 22nd February 2025 | **Doors open at 7pm**
Quiz starts at 7:30pm

FOOD • DRINK • QUIZ • RAFFLE

FOR MORE INFORMATION:
 Please contact Ebony Simm or Ellie Kendall:
 e.simm@welburn-hall.n-yorks.sch.uk
 e.kendell@welburn-hall.n-yorks.sch.uk

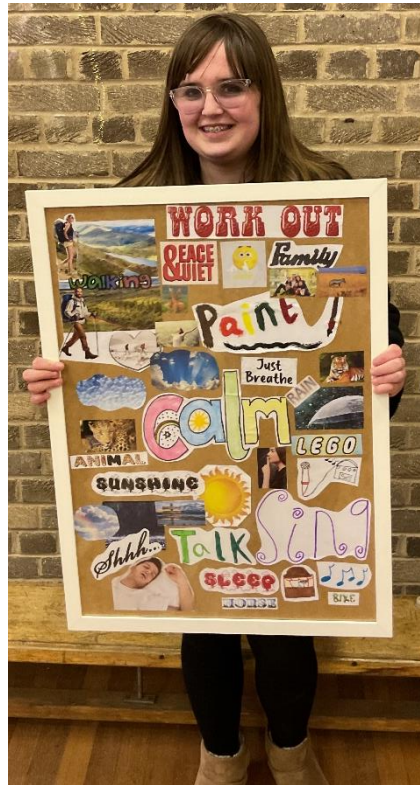
This quiz is to raise money for our school farm.

Fund raising plays a large part in helping with the general upkeep, as well as future development of the farm, including purchasing new animals and veterinary care. We are very grateful for all the support we receive.

The quiz is being organised by Ellie and Ebony and they are asking for donations for raffle prizes – please state that it's for the Farm Quiz.

They also would like as many people as possible come along and join in!!

Thank you for your continued support.



Children's Mental Health Week

Last week, for Children's Mental Health Week, each class embarked on a special art project to explore this year's theme of Know Yourself, Grow Yourself.

Project titles included *My colour Palette*; *Weather/Feelings Wheel*; *Calm Soothing Worries*; *Tuning In* and *WWF Growth Project*.

As well as their class artwork the school also held an A4 poster competition. The poster was about 'Top Tips for Promoting Good Mental Health and Wellbeing'. The competition standard was so high, we had to have two winners, who each got their own certificate.

Well done to everyone who took part.



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Mr Kaufman's class want to say a huge thank you to the Nana of one of our learners, for the superb homemade knitted dolls and animals.

They continue to be used weekly, inspiring play, communication and writing; plus accompanying the learners on an occasional My Community outing. Our learners have all selected their favourites. These wonderful toys are creating memories and smiles. Thank you!



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Wellbeing & Safeguarding



North Yorkshire Safeguarding Children Partnership (NYSCP) aims to ensure all children in North Yorkshire are safe, happy, healthy and achieving.

If you are worried about a child – this is the duty number: 0300 131 2 131
Or see their website here:



<https://www.safeguardingchildren.co.uk/about-us/worried-about-a-child/>



Children's Therapy Team

Supporting Children who are picky eaters or avoidant/restrictive

How do I know who is picky and who is restrictive?

How is a diagnosis of ARFID made and what are the challenges?

What will help at mealtimes?



What is ARFID?

Where can I go for further support?

What strategies will help with sensory sensitivities?

This online training session discusses the difference between picky eating and avoidant/restrictive eating, how to identify children with these difficulties and provides ideas of strategies that will help.

This ***FREE*** training session is suitable for parents and professionals who live or work in the following areas –

York, Selby, Scarborough, Whitby, Ryedale

Date and time: Tuesday 18th March 2025 1:00-2:30pm, Thursday 26th June 2025 3:15-4:45pm, Tuesday 21st October 2025 1:00-2:30pm

For more information or to book a place please email us at

yhs-tr.childrenstherapytraining@nhs.net

Bookings will close one week before the above date