

Welburn Hall School



Whole School Food Policy

Policy Dated July 2007

(Reviewed Jan 09, June 10, June 11, Sept 13, May 16)

Review Period: Two years
Next review Due: Summer Term - 2018
Reviewed and Amended: 17.05.16
Adopted by Governors:

Signed by Chair of Governors Chair:

*This document is freely available to the entire school community, its stakeholders and partners.
Parents/carers may request a copy at any time, although it is accessible on the school's website for download.*

1. Overview:

1.1. Purpose:

This policy is intended to ensure that all aspects of food and nutrition in school promote the health and well-being of all students, staff and visitors. It outlines the school's commitment to healthy eating, and sits alongside specific guidance within the curriculum and other sources. This policy aims to inform and advise staff, students and parents/carers as to the principles and practice the school will develop and maintain in its pursuit of high standards regarding food and nutrition.

1.2. Context:

This policy has been prepared in recognition of the particular nature of the work Welburn Hall School does. Within this context, the individual physical and medical needs of many of the school's students, (many of them atypical in comparison to children without disabilities), must be acknowledged and considered; potentially as exceptions to the usual principles of nutrition.

2. Aims and Objectives:

Below is a list of simple policy statements, which apply to all staff at Welburn Hall School:

2.1. Commitment to Partnership:

To involve all those involved with, or who have a direct interest in, the school's work in the promotion of healthy eating, including:

- 2.1.1. Education teams, through the curriculum and classroom-based support, (Food Technology, PHSE, Science, Physical Education etc.).
- 2.1.2. Care teams, including through support of the curriculum, residential activities and independence training.
- 2.1.3. Extended Schools groups, (Gardening Club, breakfast Club etc.).
- 2.1.4. Parents/carers, through the provision of information, consultation and direct input to projects.
- 2.1.5. Students, through participation and the Student Council.
- 2.1.6. Catering Services.
- 2.1.7. The Governing Body.

2.2. Key Aims:

- 2.2.1. To increase students' knowledge of food production, manufacturing, distribution and marketing practice; its impact upon food and the environment.
- 2.2.2. To enable students to understand basic nutritional and lifestyle principles which will assist them in making sensible food choices.
- 2.2.3. To help students develop appropriate skills for choosing and preparing healthy meals.
- 2.2.4. To ensure good provision for students with specific dietary requirements, whether through choice, (such as vegetarianism), cultural or in regard to medical conditions (such as coeliac disease); even where this might conflict with healthy eating principles.
- 2.2.5. To ensure that pupils are well nourished at school, and that every student has access to safe, nutritious and tasty food and a safe, easily available water supply.
- 2.2.6. To encourage parents/carers to provide healthy food and drink, where this is to be consumed at school.
- 2.2.7. To make the provision and consumption of food social, safe and enjoyable for all.

3. Method:

3.1. General Commitments:

- 3.1.1. Welburn Hall School will seek to meet all statutory obligations and government-set standards regarding Healthy Schools.
- 3.1.2. The school will utilise relevant guidance and resources in its ongoing work to develop a healthier school and meet standards.
- 3.1.3. The school will include food and nutrition in its bid to improve in regard to Ofsted standards and the criteria of Every Child Matters.

3.2. Roles and Responsibilities:

- 3.2.1. The Head of Care is responsible for:
 - Overview, on behalf of the Senior Leadership Team, of all matters relating to food in the school.
 - Scrutiny and evaluation of food provided by the school.

- Contribution to reports to the Governing Body on matters relating to food in the context of Healthy Schools.
- Consideration of Every Child Matters and Safeguarding criteria.

3.2.2. Teachers are responsible for:

- Consideration, during the delivery of education, of all matters relating to food and nutrition contained within the curriculum, this policy and DfE guidance.
- Leadership and co-ordination across the school of efforts relating to their own specialism.

3.3. Planning, Monitoring, Evaluation and Review:

3.3.1. The SLT will ensure that Healthy Schools matters, including food and nutrition, will be included in contributing to the SEF and School Improvement Plan.

3.3.2. This policy will be reviewed every 2 years.