



# Welburn Hall Weekly

Friday 31 March 2017

Welburn Hall School



## SPONSORED 100k CYCLE RIDE UPDATE

Today we are sending out sponsor forms for you to support parent David Middleton for the Maserati Tour de Yorkshire 100k Cycle Ride on Sunday 30th April 2017. So far we have raised an amazing **£850** on-line. Thank you so much to everyone who has pledged already!



Like us on  
**Facebook**

Thanks to everyone who has liked Welburn Hall on Facebook. If you haven't done it yet, you can help us reach 200 "likes".

<https://www.facebook.com/Welburn-Hall-School-147815651924435/>

Thank you to everyone who came to school in some form of blue clothing to support 'Light It Up Blue For Autism' today, we have had a very blue day!!!



This week goes to Jon, Alex & Charlotte

## Week 1 Menu Lunchtime Menu

## Tea Time Menu

Monday	Sausage & Gravy with Mash & Veg or Macaroni Cheese & Veg <b>Orange Brownie</b>	Pasta Carbonara with Ham or Jacket Potato with Salad
Tuesday	Beef Meatballs in tomato sauce, Pasta & Veg or Jacket Potato with Filling <b>Apple Crumble &amp; Custard</b>	Pork & Apple Burger or Pizza & Wedges
Wednesday	Roast Turkey or Veggie Flan with Roast Potatoes & Veg <b>Flapjack</b>	Chicken Chow Mein or Sweet Potato Bake & Salad
Thursday	Beef Lasagne or Veg Lasagne with Salad and Garlic Bread <b>Fruit Salad</b>	Sausage Baguette & Salad or Cheese & Tomato Pasta Bake
Friday	Fish & Chips with Peas or Catherine Wheel <b>Rice Pudding</b>	No Boarding

The cost of School Dinners remains at £2.10 per day and can be paid weekly, monthly or termly and either by cash or cheque made payable to Welburn Hall School